



Kumarakom Lake Resort

Quick Reference Guide

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Kumarakom Lake Resort, acclaimed as the finest luxury heritage resort in India, nestles on the serene banks of the Lake Vembanad, the vast stretch of tranquil, emerald green backwaters, in one of India's hottest holiday spots, Kerala. Sprawling across 25 acres of lush greenery and set in soul-stirring ambience, Kumarakom Lake Resort, awarded thrice in a row as India's Leading Resort by the much acclaimed World Travel Awards, exudes the charm of Kerala's true heritage while offering a complete range of New Age amenities for a luxuriously comfortable stay. Luxury-laden rooms, villas and suites; Ayurmana, the Ayurveda Spa; swimming pools galore; traditionally styled houseboats; multi-cuisine and specialty restaurants; traditional Kerala teashop and countless other attractions in and around the resort offer you the simple luxuries of life, in the grandeur of the royalty of yore.



TRANSPORTATION

By Air

Kumarakom is just 72 km away from the Cochin International Airport and 190 km from Trivandrum International Airport. From the Calicut International Airport it is a 209 km ride to Kumarakom via NH 66.

By Rail

The nearest destination to alight is either Cochin or Kottayam. Kottayam links you to all major cities in Kerala and India with numerous trains plying this route daily.

By Road

From the Cochin International Airport it is a 72 km delightful ride by road to Kumarakom. From the Trivandrum International Airport it is 170 km to Kumarakom. From the Calicut International Airport it is a 209 km ride to Kumarakom. The nearest bus terminal is at Kottayam, 14 km away from the resort by road.



DESTINATION

Kerala

None less than the National Geographic Traveler has acclaimed Kerala as one of the must-see paradises of the world.

This narrow strip of land, blessed with abundant greenery, is situated between the Arabian Sea and the Western Ghats. With innumerable attractions on hand - serene backwaters, beckoning hill stations, pristine beaches, exotic wildlife, colourful festivals, magical Ayurveda, amazing heritage, tantalising cuisine...you name it, Kerala has it.

For administrative reasons, Kerala is divided into fourteen districts, each boasting of its own unique bouquet of tourism products. Kumarakom, and Kumarakom Lake Resort, are located in the district of Kottayam.



Kumarakom

Kumarakom, an enchanting village situated on the banks of the Vembanad Lake, is wrapped in a quaint charm of its own. With soothing backwaters, thick mangrove forests, green paddy fields and ripe coconut groves add to the beauty of this serene stretch of land. Kumarakom houses the renowned Kumarakom Bird Sanctuary, home to Cormorants, Egrets, Darters, Herons, Teals, etc. and migratory birds like the Siberian Storks.



Weather Chart

Climate chart of Kerala (temperature ° C)

Month	Max.	Min.	Avg. days with rainfall
Jan	30	22	1
Feb	31	23	1
Mar	32	24	3
Apr	34	25	7
May	34	25	10
Jun	30	24	17
Jul	29	23	14
Aug	29	23	9
Sep	30	23	8
Oct	30	23	12
Nov	30	23	9
Dec	31	22	4

Weather

Climate of Kerala

Kerala, by the Arabian Sea, has an equable climate that varies from season to season. Kumarakom's climate is moderate on account of its proximity to the ocean, with temperatures rarely falling below 16°C and rarely climbing higher than 38°C.

The monsoon season follows the summer and is quite short compared to that of other regions and ends in August; although mild spells of precipitation can be expected until the beginning of November. The winter season lasts from November till March.



Local Attractions And Activities

There are a multitude of activities to engage yourself at Kumarakom Lake Resort. Backwater cruise, sunset cruise, indoor games, water sports including speedboat, and banana boat rides etc. Bird sanctuary visits, sightseeing trips to Kottayam, cycling, village walks, evening shows of Kerala's traditional dance etc. We strive to keep your moments here enriching and most cherished.

Backwater cruises

Since Kumarakom is a water-locked land, cruise routes abound. You can choose between lunch cruises, backwater cruises or overnight stays. For the latter, you can stay in a traditional riceboat converted into a houseboat. You could also experience a day cruise through the emerald green backwaters of Alleppey, the Venice of the East. Capture the grandeur of the setting sun. Watch shrimp farming done the traditional way. And take home beautiful memories.

Bird sanctuary and the island

Kumarakom is a sanctuary for migratory birds. To see them, you'll have to be an early bird! Cruise around in the early morning and spot various species. There is also an island that is one of the few protected wetlands in India. The mangrove forest here acts as a safe haven for the fish of the lake.

Holy temples and churches

The temples in Kerala are renowned for their unique, simple and harmonious designs. The Syrian Christian strongholds of Kerala are near Kumarakom. Ancient and old churches that belong to some of the earliest Christian communities - many heavily influenced by local architecture - can be seen here.

Farm tours

Visit a farm below sea level. Watch underwater cultivation. Incidentally, this is the only place other than the Netherlands, where this is practiced. The land is protected by the coconut trees that surround it. As fertile soil is deposited by the many rivers that empty into the Vembanad Lake, this is an ideal cultivation ground. A variety of coconuts, fresh vegetables, bananas, herbs etc. flourish here.



Kathakali

Did you know that it takes all of 25 people to make the magic of a single performance possible?

You can now visit a Kathakali Centre, a treasure house of costumes, crowns, make-up boxes and everything associated with the art form. You can watch a live performance too, have a never-before look at backstage rituals before the show takes place and have interactive sessions with the master. The enriching session covers live performances comprising myriad expressions, dances and acting.

Kalaripayattu

Medieval Kerala was split into a number of principalities, where nobles of the Nair caste governed local territory units and maintained private armies of their own. Kalaris (gymnasiums) offered physical education and the highest level of proficiency in the use of weapons. Traditional kalaris are still in existence in the villages. Visit, watch and marvel at the practices here.

The Veena

The Veena is one of the most ancient musical instruments. Watch master musicians bring the strings to life with melodious songs.

The Madhalam

The Maddalam occupies a pride of place in Kathakali. It is used to heighten the expressions of the actors. It is played on both sides using fingers to create bass or treble sounds.

The Vocalist

There are two streams of Classical music in India - Hindustani and Carnatic. Hindustani is practised in the North, while the Carnatic school is confined to the South. Vocalists from both streams undergo years of rigorous training in set styles. We showcase some fine Carnatic singers regularly.

Murals of Kerala

The temple walls in Kerala are usually covered by murals many centuries old. Typically, they depict important scenes from Hindu mythology. These murals are known for their fine detailing and use of natural colour. Get an opportunity to view paintings from the 16th century onwards. Kumarakom Lake Resort has also recreated these murals on your villa walls.

Nature Trails

The nature trails of Kerala never fail to thrill and impress. Your first impression will be of an over-abundance of green, and this is an impression that will last. Exotic birds, flowers, swaying palms, a canal or creek at every turn - any nature trail you follow will be sure to throw up many pleasant surprises.



Smithery & Pottery in Kerala

Metal, wood and other materials transform into magical articles in the hands of Kerala's skilled artisans. Watch them at work and pick up a work of art for yourself. Be privy to the Stone Age practice of shaping clay into vessels.

Travel to the Spice Lands

The aroma and the flavour of the spices of Southern Asia have attracted adventurous explorers from distant lands. Kerala has been the nucleus of the spice trade since the time of the Romans. Earlier the spices came from uncultivated sources. However, there are now extensive plantations which you will enjoy visiting to discover the allure of spices. Just like those sea faring explorers of the past.

Guides

Guides can be organized on request.

Indoor Options

Our skilled experts will teach you many interesting things such as

Pottery

Cane Weaving

Authentic Kerala Cooking

Canoeing

So, while you take a memory home, you can also carry back a craft.



Conference Facilities

Conference Hall

In an environment that clears the mind and lifts the spirit, the Resort provides comprehensive personal and business services at its Conference Hall that has a capacity to seat 180 persons. The hall is well furnished with state-of-the-art communication systems and presentation facilities.

Technical Assistance

Full audiovisual support is available, including equipment and technical assistance, to ensure professional, problem-free presentations. Voltage is 220.

State-of-the-art audiovisual equipment includes:

- Projection booths, front and rear
- Video/teleconferencing
- High-speed Internet access
- Dedicated telephone lines available on request
- LCD, slide and overhead projectors
- Mono, stereo and multi-track tape recorders; CD and DVD players
- Video cameras, and video players
- Multi-slide presentation units and programmers
- Personal computers

Business Centre

We offer the right blend of service, luxury and quiet efficiency, customizing our facilities to suit your every need. Armed with amenities like telephone, fax, high speed Internet and efficient secretarial service, our full-fledged, fully equipped Business Centre will meet all your requirements.

Concierge

The Resort provides professionally trained personnel at your beck and call, taking care of your every whim and fancy.

Wifi

Wifi is available across the resort's public areas as well as in the villas and rooms.



Weddings

Be it by the pristine waters surrounded by abundant greenery or on a boat with the setting sun as your witness, we give you a choice of spectacular scenes to exchange your vows.

The glorious pool side venue, embraced by the lake, offers the perfect setting for a cherished group of up to 200 guests. Take sail to the middle of the lake atop a beautifully bedecked boat open to the skies, surrounded with up to a 100 guests. If you fancy the rustic and warm then perhaps you would prefer to exchange your vows on the deck of the Vembanad Restaurant with the setting sun as your backdrop and up to 120 guests as your audience. If the quiet and solemn is what you favor then the grand and opulent banquet hall with up to 150 guests is the perfect venue for you. Flanked by the tranquil lake on one side and the glories of heritage on the other, the exotic main lawn is the perfect locale for an elaborate celebration with up to 400 guests.

Be it a lavish occasion or an intimate affair, our experienced staff strives to make sure that your special day is every bit as perfect as you imagined.



Luxury accommodation at Kumarakom Lake Resort

The rooms, villas and suites at the Kumarakom Lake Resort are a perfect blend of Kerala's traditional architectural charm and luxurious, modern amenities. Each a careful reconstruction of manas, the 16th century traditional homesteads of God's Own Country. Over a hundred ancestral homes had been purchased from across Kerala, dismantled and used to provide much of the material to create these authentic heritage abodes.

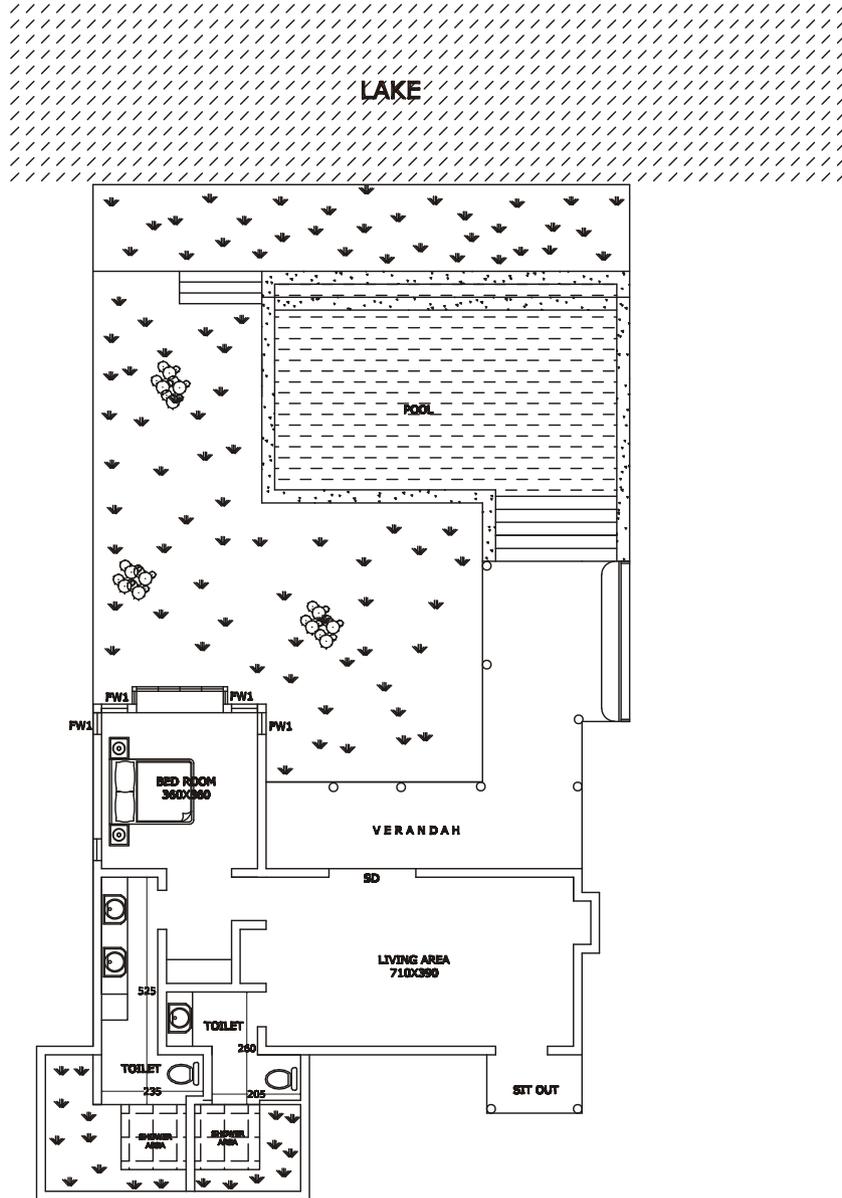
The traditionally styled, luxuriously modern, open-roofed bathrooms and toilets set in small, aesthetically designed courtyards are a common feature to the villas and suites.



Presidential Suites

The Presidential Suite, each in its own royal seclusion, is the final word in luxury and the ultimate in self-indulgence, with its very own personal view of the lake, a private pool by the banks of the lake, a private courtyard and regal interiors that exude the splendours of a prosperous era gone by.





Presidential Suite: 4500 sq ft

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with private pool

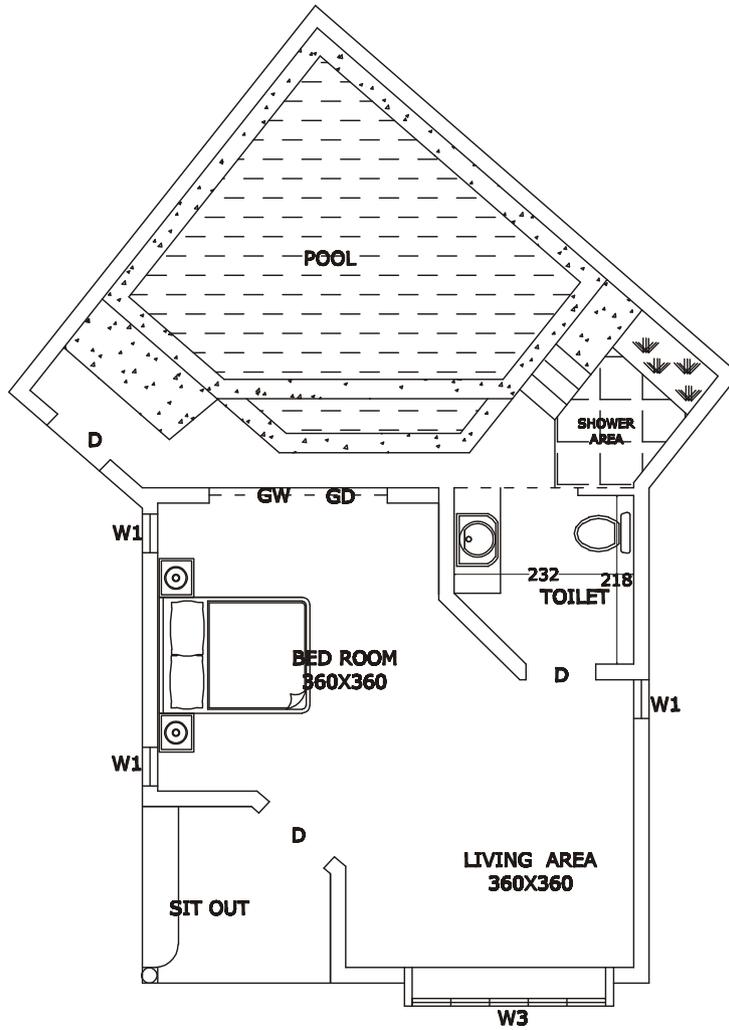
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Heritage Lake View Villas with private pool (7 Nos.)

This latest category of villas at Kumarakom Lake Resort offers exotic and exclusive indulgences as each plush villa, built in the style of the traditional homestead of Kerala, has its own private courtyard with a private pool and Jacuzzi, ensuring the creation of fabulous memories. The villas offer a panoramic view of the luminous Vembanad Lake, and the promise of a unique holiday experience.





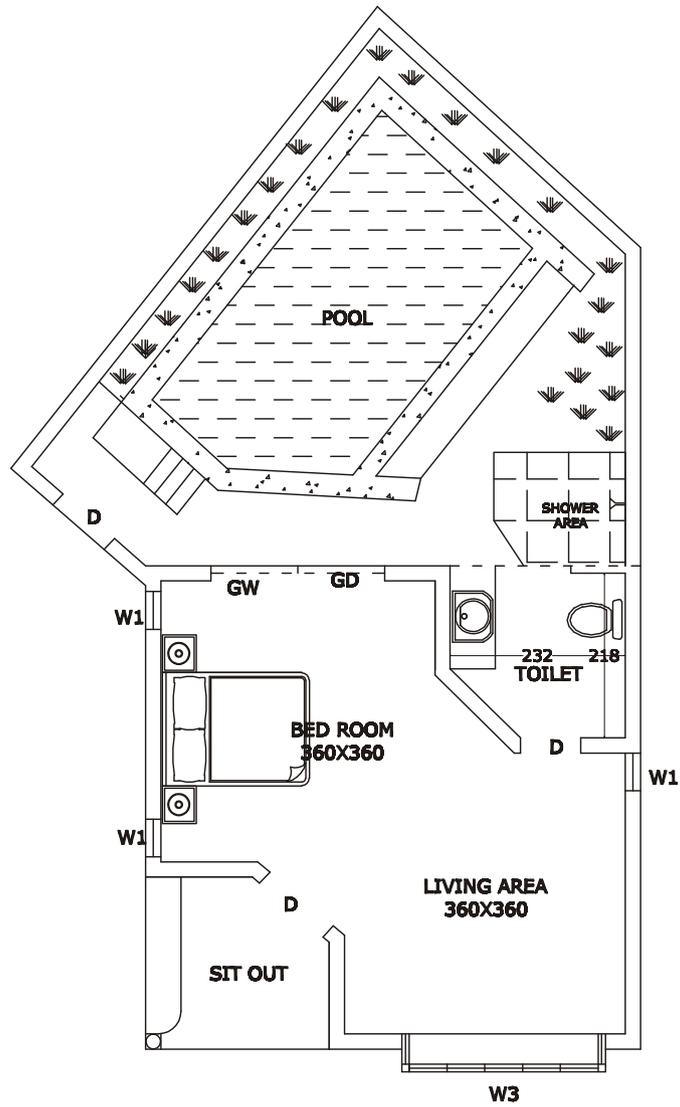
Heritage Lake View Villa: 800 sq ft



Heritage Villas with Private Pool (15 Nos.)

Designed in Kerala's traditional homestead style with a private courtyard and plunge pool with Jacuzzi, these villas offer a dazzling view of the exquisitely landscaped gardens and the clear lotus strewn canals.





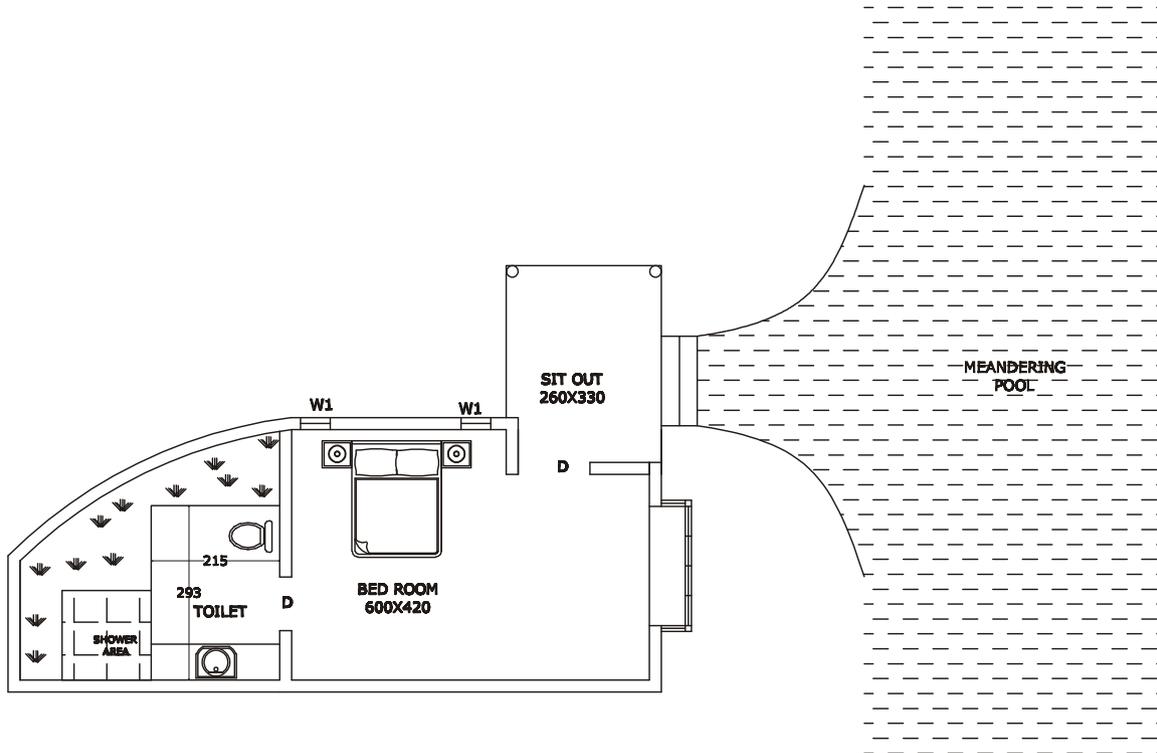
Heritage Villa with Private Pool: 800 sq ft



Meandering Pool Villas (28 Nos.)

Set on the twists and turns of a 250-m long meandering pool, each of the traditionally styled yet luxuriously modern Meandering Pool Villas has access to the long and winding pool from individual and private bathing coves and sit outs.





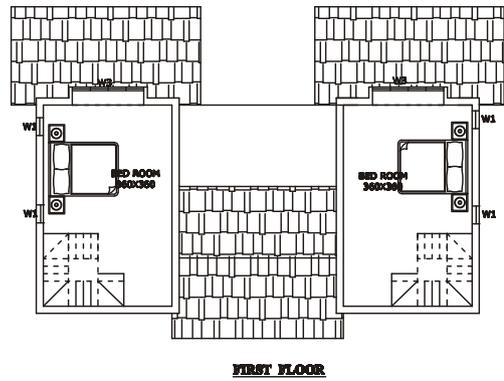
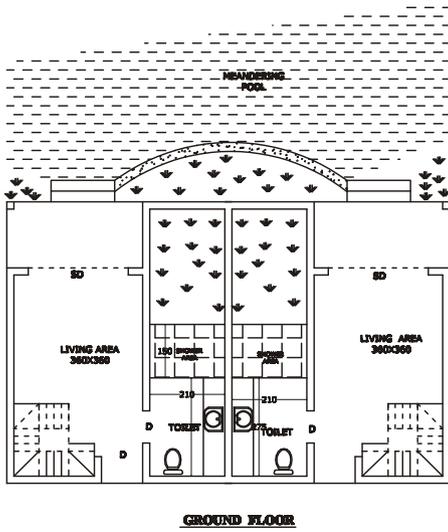
Meandering Pool Villa: 600 sq ft



Meandering Pool Duplex (4 Nos.)

The traditionally furnished Meandering Pool Duplex Villas merge the past with the present. Its luxurious bedroom overlooks the 250-meter long meandering swimming pool, and each possesses direct, individual access to the pool from its very own bathing cove.





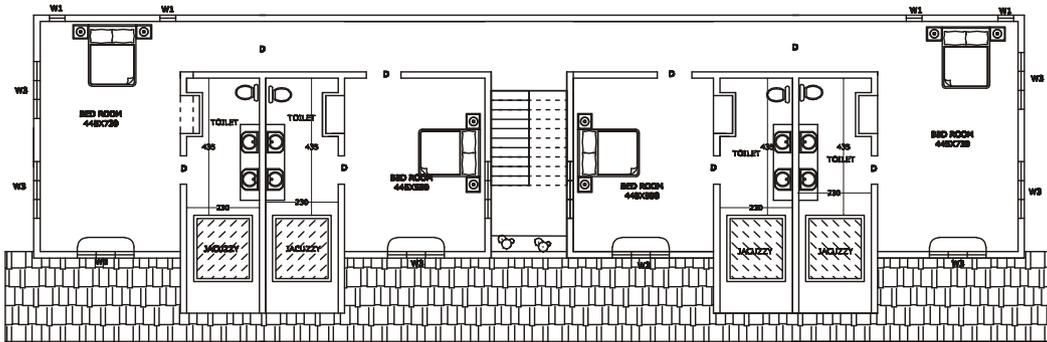
Meandering Pool Duplex



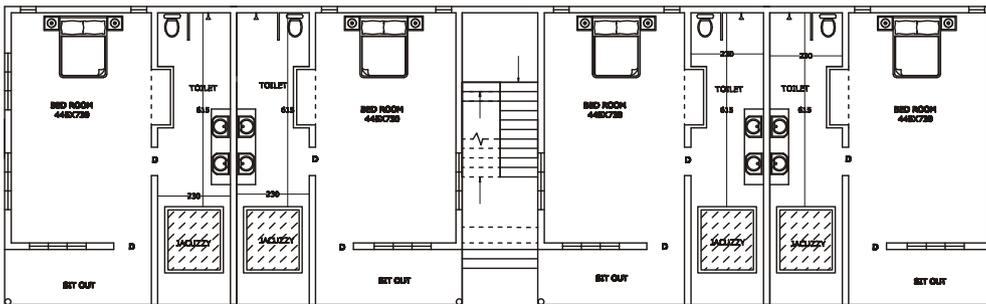
Luxury Pavilion Room (8 Nos.)

Traditionally styled and luxuriously comfortable, the Luxury Pavilion Rooms are an exclusive cluster of rooms nestling amidst lush foliage, each of these rooms are distinguished by their generous proportions and warm coziness. An ensuite bathroom and Jacuzzi merely add to the memorable pleasures of a stay here.





FIRST FLOOR



GROUND FLOOR

Luxury Pavilion: 550 sq ft



Houseboats

Float in sheer bliss. Kerala's traditional houseboats, styled as per the norms of tradition yet equipped with every luxury and every modern comfort including LCD TV home theatre, intercom facilities, cell phone coverage etc. Our fleet of houseboats are in a luxurious class of their own. With cool air-conditioning even in the dining-room, yet fully glass-fronted to offer the view in all its glory!

Each houseboat has spacious rooms furnished in ethnic style that bespeaks higher levels of comfort. The elegant interiors are enhanced with impeccable luxury and every modern amenity at the tip of one's finger. Two experienced boatmen navigate you through tranquil stretches of Kerala's favourite backwaters.

A personal chef well-versed in tantalising Kerala delicacies and seafood delights will be at your beck and call with the choicest gourmet delights.





Infinity Swimming Pool

The large, tranquil pool presents the vivid illusion of being a part of the shimmering lake. In the freshness of the mornings or the cool breezy evenings, and with an equally inviting Jacuzzi, the poolside offers the perfect antidote for tired limbs after a hectic day of leisure.

AMENITIES

All-news cable network

CD player on request

Down pillows

DVD player on request

Hair dryer

In-room safe

Multi-line telephone(s) with conference call capability

Multi-line telephone(s) with voicemail

Refrigerated private bar

Tea/coffee maker

Thick terry bathrobes

Twice-daily housekeeping service

Wired or wireless Internet access

Hypo-allergenic pillows on request

Orthopaedic pillows on request

GUEST SERVICES

- 24-hour In-Room Dining
- 24-hour laundry/dry-cleaning/pressing
- 24-hour multilingual Concierge
- Airport transfers
- Complimentary overnight shoeshine
- Non-smoking rooms
- One-hour pressing
- Private dining room
- Restaurant
- Self-parking
- Services and amenities for younger guests
- Umbrellas
- Valet parking

VIP GIFTS AND WELCOME AMENITY

Special arrangements can be made for clients to purchase welcome amenities or floral arrangements for their important guests.



Ettukettu Multi-cuisine Restaurant

Ettukettu, the multi-cuisine restaurant owns the place of pride at the Kumarakom Lake Resort. A princely eight-sided mansion with 2 central courtyards, the Ettukettu bespeaks of the grandeur of yesteryear Kerala's regal architecture. Commissioned by the King Marthanda Varma as a gift to his favoured martial arts tutor, Edamana Kellamthat Gurukkal, the mansion was built with all the magnificence of the homes of the nobility of those days. The Ettukettu had been dismantled from its original location and relocated in all its glory at Kumarakom Lake Resort, and is today dedicated to the culinary arts as it once was to martial arts.

Set in the midst of the resort, it has a well-appointed bar that suits all tastes and a wide and varied choice of delicacies. The Continental, Chinese, Mughlai, North Indian and traditional Kerala culinary delicacies at the Ettukettu are a gourmet's delight, but the speciality to look forward to, is ethnic Kerala cooking. The fresh catch of the day, rich coconuts and a slew of fragrant spices lend the cuisine its very own flavour. Specialties served include Syrian Christian Duck Roast, Duck Curry, Karimeen Pollichathu, Karimeen Mappas, soft spongy rice bread called Appam, Thamarappam, Idiappams (string-hoppers) etc. besides tropical fruits, vegetables and cereals.



Vembanad Seafood Specialty Restaurant and Bar

A seafood bar unlike any other, the Vembanad is set by the banks of the placid backwaters. It offers the perfect rustic ambience to suit the typical Kerala seafood cuisine, as one basks in the view of a glorious sunset. The menu includes anything and everything in seafood, with a dedicated chef in constant attendance.





Thattukada, the Traditional Tea Shop

A traditional teashop recreated in its original, rustic splendour. The boiling vessel that constantly spews aromatic steam, the cluster of garden fresh bananas that hang by coir ropes, the open frying pan, the aroma of freshly fried local snacks etc will let you devour the true spirit of Kerala.

Open in evenings, the Thattukada is an inviting place to soak in the ambience. To start a conversation, sip a cup of tea, keep hunger at bay, exchange pleasantries, and relish a bit of Kerala you'll cherish for a long time to come.

Pool Pavilion

Relax by the infinity pool on the banks of the lake, be refreshed with a cool drink and enjoy succulent cuisine at the Pool Pavilion, or reserve an evening and the entire Pool Pavilion to enjoy a private and quiet dinner for two with just the lull sounds of the lake for company.



Ayurveda

Ayurveda, the wisdom of the sages, the treasure of the ages, finds new meaning and relevance as modernity constantly threatens to crumble the glories of the past. Advocating a way of life that is in complete harmony with nature's ways. Seeking to maintain the perfect balance of body, mind and soul. Approaching each ailment, and each person individually and independently. Reaching deep within. Healing the very being.

An intricate system of ancient healing that originated in India thousands of years ago, historical evidence of Ayurveda can be found in the Vedas, ancient books of wisdom. Ayurveda is made up of two Sanskrit words - Ayur, which means life and Veda, which means knowledge. Ayurveda, thus, is the knowledge of life.





Ayurmana

The Ayurmana - the heritage retreat of Ayurvedic healing. Every beam, every wall of the Ayurmana pulsates with the historic powers of the oldest of sciences. The 200-year-old Ayurmana, had been the home of the Chathamangalathu Mana, a family of renowned Ayurvedic practitioners. And this rich legacy lives on, as the Ayurmana stands with pride as the renowned Ayurveda spa of equally befitting calibre. The experienced Ayurvedic physicians and trained masseurs will make sure you experience a new lease of life at Ayurmana. The exquisite 'Nalukettu' or four-sided mansion had been transported in its entirety from its original location to the Kumarakom Lake Resort, and had been recreated with careful detail and expertise.

Yoga & Meditation

Know your inner self at Kumarakom Lake Resort. Discover harmony with nature, with Yoga.

Face Massage

Duration 30 minutes

This procedure is a massage with Aloe Vera cream, which works wonders in removing wrinkles, blemishes and pimples. It keeps the face young and glowing.

Feet Massage

Duration 30 minutes

This is a specialised therapy with medicated oils to strengthen the feet and also gives relief from pain and tiredness.

Back Massage

Duration 30 minutes

This therapy helps reduce stress and strain experienced in the muscles of the back, particularly repeated stress injuries. It strengthens weak muscles. The benefits of this massage include relaxation, stress management and improved circulation.

Njavarakizhi

Duration 60 minutes

This treatment involves medicated rice bundles called Njavarakizhi, dipped in warm medicated milk and used for massaging in a synchronized manner. It helps cure muscle wasting and rejuvenates the body. It can also be used as a beauty treatment to improve the colour and complexion of the body.

Athletic Massage (Chavutti Uzhichil)

Duration 60 minutes

This Ayurvedic massage is done with the feet. Dancers and sportsmen commonly use it to improve their flexibility. It increases the general vitality of the body by improving blood circulation. It flushes out free toxins and radicals from the body.

Udwarthanam

Duration 60 minutes

This is a dry powder massage that helps burn off the subcutaneous fat from the body. This is highly effective in reducing body weight if done for 7 days continuously. It also cleanses the skin.

Pizhichil Duration 60 minutes

One of the most important therapies, this procedure is also known as the Royal oil bath. It is a highly rejuvenating treatment. The body is oiled with a continuous stream of warm medicated oils followed by a mild body massage. This treatment is recommended for nervous disorders, paralysis, and rheumatoid arthritis. It is recommended for a minimum period of 7 days.

Ksheerasekam Duration 60 minutes

This treatment is highly rejuvenating. A continuous stream of lukewarm medicated milk is poured over the body preceded by a mild body massage with oil. This treatment is recommended for stress related problems, increased body heat and rheumatoid arthritis. It is recommended for a minimum period of 3 days.

Thakra dhara / Ksheeradharma Duration 60 minutes

This procedure is similar to Shirodhara. But here medicated buttermilk / medicated milk is used instead of medicated oils, to flow over the forehead continuously for a period of 45 minutes, preceded by a mild body massage for a period of 15 minutes. This therapy cools the system and promotes healthy skin. It is very useful for the treatment of psoriasis, dandruff, etc. It is recommended for a minimum duration of 3 days.

Nethrasekam Duration 30 minutes

This is a process of cleaning the eyes using running medicated water. It is recommended for relaxing and soothing the eyes and the optical nerves that have been subject to stress and strain.

Katee Vasthi

Duration 45 minutes

This procedure is done by keeping the warm medicated oil over the lumbar region, within a circular ridge made of black gram paste. It is very effective in treating lower back pain and Sciatica. It is recommended for a minimum duration of 3 days continuously.

Siro Vasthi

Duration 45 minutes

A special Ayurvedic treatment where warm medicated oil is retained on the head using a leather cap for a period of 45 minutes. It is an effective cure for all paralytic conditions by stimulating the nervous system. It is recommended for a minimum duration of 7 days continuously.

Nasyam

Duration 30 minutes

This involves instilling medicated nasal drops in each nostril, preceded by a mild face massage and steam. This is done to cleanse the sinuses and nasal cavity. It can be used to nourish all the sense organs above the shoulder.

This treatment is recommended for a minimum duration of 3 to 7 days.

Pichu

Duration 30 minutes

In this treatment, a cotton pad soaked in lukewarm medicated oil is placed over the head. This is extremely beneficial in cases of migraine, headaches and insomnia.

It is recommended for a minimum duration of 3 to 7 days.

Steam bath

Duration 30 minutes

This highly effective therapy eliminates toxins by stimulating sweat glands and improving circulation.





Kumarakom, a land untouched by the ages, is sure to touch you with its divine beauty. Kumarakom Lake Resort, a tribute to luxury, will gift you experiences that will linger even after you are long gone. The multi-award winning Kumarakom Lake Resort celebrates an ancient heritage in the hues of modern luxury. Set by the banks of the Lake Vembanad, the resort offers ancient heritage havens in a choice of Luxury Pavilion Rooms, Heritage Villas with Private Pools, Meandering Pool Villas and Presidential Suites, each an epitome of luxury. Ettukettu, the multicuisine restaurant housed in a 200 year old abode, is mere joy for your palate and Ayurmana, the spa, unravels the ancient secrets of beauty and wellness and guides you to a newer self.

Needless to say, at Kumarakom Lake Resort we are deeply committed to make your stay an ethereal experience.



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